

McBRIDE RARE BOOKS

List 41 *Food for the Holidays*



We offer here a short list of cookery and gastronomic delights for the end of the year. Highlights include a Mexican manuscript cook book, scarce or unrecorded community cook books from several states, and -- undeniably our favorite -- a Colombian treatise on raising guinea pigs for meat. Bon appetite!

Cheers,
Teri, James, & Joe

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THE COTTON CLUB'S FAMOUS BANDLEADER PROMOTING A FAMOUS TEXAS BEER

1. [African Americana]. [Pearl Beer]. Calloway, Cab. [Large Advertising Display for Pearl Beer Featuring Legendary Swing Band Leader, Cab Calloway]. San Antonio: San Antonio Brewers Association, [ca. 1950s]. Seven-color lithograph including reproduced photographs of Calloway and a bottle of Pearl Beer, measuring 19.25 x 23.75 inches. Minor edge wear, faint dampstain along bottom edge, else a really nice example. Framed. Very good.

An evocative piece of midcentury advertising art featuring Swing Band leader Cab Calloway pitching Pearl Beer of San Antonio, Texas. The text of the advertising piece reads: "Join the Swing to Pearl. Xtra Dry. Xtra Light. Xtra Mellow. The 3 X's of Texas - Swing Master Cab Calloway says 'Join the Swing to Pearl' Say...Bottle of Pearl, Please." The advertisement is artfully illustrated by a banner of piano keys, musical notes, a bottle of Pearl Beer, and a small outline of the state of Texas, with a half-length portrait of Calloway enjoying a tall glass of Pearl at right. Calloway is dressed in an all-white tuxedo and holds a baton in his other hand. The

famous band leader's career as a pitch man included, among others, Rheingold Extra Dry Beer around 1960, Hula Hoops crackers in the late-1980s, and Gap turtleneck sweaters as late as 1993, the year before he passed away. No examples of any Cab Calloway Pearl Beer-related material found in OCLC. A striking example of African American midcentury advertising in which the most famous band leader of Harlem's Cotton Club hawks beer made in San Antonio, Texas. (McBRB3178) \$1,250

INSCRIBED BY THE AUTHOR

2. [African Americana]. Young, Isaac W. *Food, Fellowship and Culture*. [Langston, Ok.: 1925]. [4],41pp., plus photograph portrait frontispiece of the author's wife. Original brown leatherette, blindstamped title on front cover. Minor edge wear. Small ink stamp on each pastedown, slightly over-opened after frontispiece, else internally clean. Very good plus.

An inscribed copy of a rare title written by Isaac William Young, president of the Colored Agricultural and Normal University, known today as Langston University, the only HBCU in Oklahoma. Young's inscription on the front free endpaper reads, "Faithfully Isaac W Young 1925." Isaac W. Young was Oklahoma's only African American otolaryngologist (ear, nose, and throat doctor) and the state's most prominent civil rights leader in the 1920s and '30s, known locally as the "Father of Black Democracy." In the present work, Young's only book, he argues that the origin of class and racial



strife is economic, caused by the struggle for food. Young contends that this disharmony could be overcome through fellowship and culture. In his Foreword, Young writes: "This little book is the outcome of my serious consideration of the economic struggle and contentions existing within the human family the world over.... In my humble judgement... the struggle is largely economic.... Under the influence of a wholesome fellowship of love and a high and cultured sense of right this condition cannot long exist.... Class against class, caste against caste, creed fighting creed, race against race...all become points of contention, battlegrounds for economic conflict." In his "Philosophy of Life, Food, Fellowship and Culture," Young also points out the importance of organization, education, opportunity, service, grace, and performance in life. He ends the work with a notable bit of optimism: "Then to live truly and happily one must, like God, scatter sunshine as he goes, giving sparkle to the eye, majesty to our presence and joy to our associations. We must live to bless mankind and teach it that: 'Life is real, life is earnest, and the grave is not its goal.'" Young includes a portrait of his wife, Adelia as a frontispiece, and adds a note following the title page informing the reader that the portrait was included as a twenty-fifth wedding anniversary gift "in loving remembrance of her helpfulness and counsel." A graceful work by an important African American figure. OCLC reports just four institutional copies, at Yale, Howard, Oberlin College, and the author's home base, Langston University.

(McBRB3248)

\$1,350

UNRECORDED COMMUNITY COOK BOOK

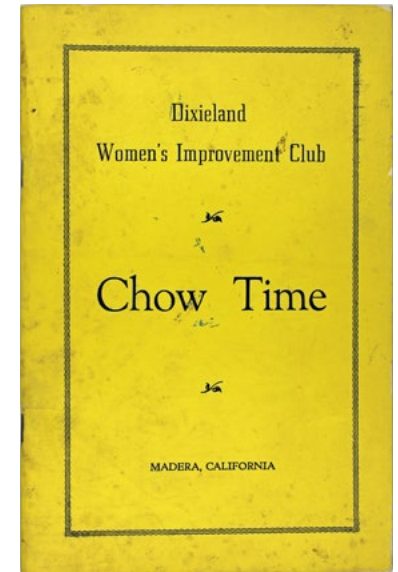
3. [Cook Books]. [California]. *Dixieland Women's Improvement Club. Chow Time.* Madera, Ca.: [ca. 1930]. [38]pp. Original yellow printed card covers, stapled. Light wear and soiling to covers. Minimal soiling to contents. Very good.

Community cook book published by the Dixieland Women's Improvement Association of Chowchilla, California. Chowchilla is a small town about thirty-five miles northwest of Fresno, in the Central Valley. The Dixieland Women's Improvement Club was founded in 1930 and disbanded in 1971. We estimate that this is one of their earlier

fundraising endeavors. The first leaf contains a list of sixteen contributors, though individual recipes are not attributed. Recipes tend to be focused on desserts, though we note three different recipes for "Tuna" (all calling for tinned fish), a punch called "Witches Brew," and this cataloguer's favorite, a recipe for "Dinner in a Dish," a casserole comprised of noodles, ground beef, peppers and onions, canned tomatoes, corn, and half a pound of Tillamook cheese. We locate no copies in OCLC.

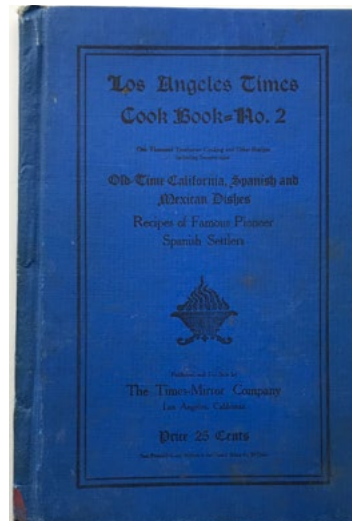
(McBRB2011)

\$250



"RECIPES OF FAMOUS PIONEER SPANISH SETTLERS"

4. [Cook Books]. [California]. *The Times Cook Book -- No. 2. 957 Cooking and Other Recipes by California Women.* Los Angeles: Times-Mirror Co., [1905]. 105,[1]pp. Original printed cloth boards. Light wear to spine and edges; boards slightly rubbed, with minor soiling; front hinge. Title page somewhat browned; light tanning and soiling elsewhere. Good plus.



First edition, first issue (with "Price 25 Cents" printed on the front board) of this early 20th-century compendium of recipes, "brought out by the 1905 series of prize recipe contests in the Los Angeles Times." The recipes, all submitted by female readers of the newspaper, form an initial section of nearly eighty Americanized Mexican ("Spanish") dishes, including "tamale pie" and "Spanish sweet potato pone," as well as many subsequent sections for soups, salads, cakes, etc., and nine menus for picnic lunches. Oddly,

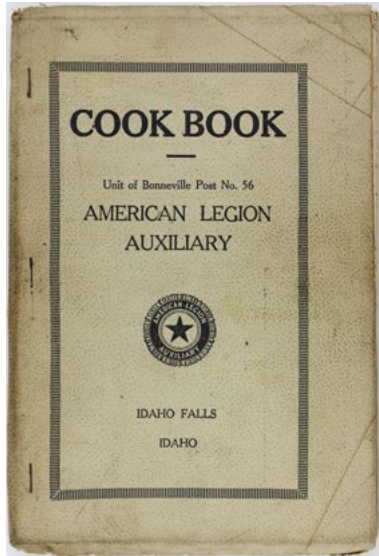
there are ninety recipes for marmalade, but only twenty-four “ways of preparing vegetables.” In nearly every instance, the name and address of the contributor is listed alongside her recipe.

(McBRB1356)

\$350

COOKING IN IDAHO FALLS

5. [Cook Books]. [Idaho]. Cook Book. Unit of Bonneville Post No. 56. American Legion Auxiliary [cover title]. Idaho Falls: [1915]. 135pp. Original printed linen wrappers, stapled. Wear and creasing to wrappers, lightly soiled. Text lightly toned, some light scattered soiling and wear. About very good.



Rare community cook book from Idaho Falls, showcasing not only the area’s best recipes, but also laced with numerous local advertisements. A running header advertises Knox Gelatine in a variety of phrases. Heavy on breads and desserts, the work also includes such treats as Green Tomato Mince Meat, Bacon Sticks, Jellied Vegetable Ring, and a wide variety of pickle recipes. There is also a specific section for “Invalid Cookery.” We locate a single copy in OCLC, at the Idaho State Archives.

(McBRB3778)

\$400

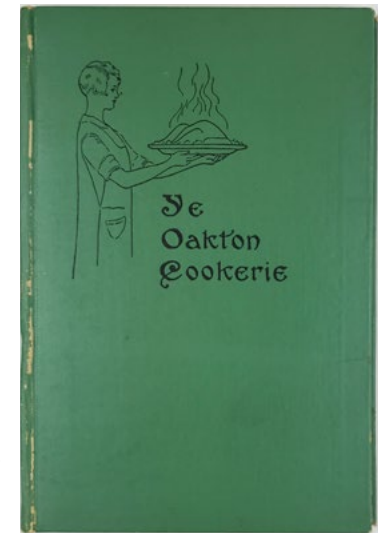
SCARCE ILLINOIS SCHOOL COOK BOOK

6. [Cook Books]. [Illinois]. *A Book of Unusual Recipes Compiled for the Members of the Parent-Teacher’s Association of Oakton School.* Evanston: Mumm Print Shop, [1920?]. 119,[7]pp. Original green cloth, cover stamped in black. Spine and corners rubbed. Internally clean. Very good.

A handsome little cook book compiled by the PTA of the Oakton School in Evanston, Illinois. “This is not intended to be a cook book...This is simply a collection of favorite recipes, offered by good cooks who have used them -- and who know them to be practical and delicious.” The introduction also notes that recipes “suited particularly for children” have been marked with a star. The book includes a wide variety of cakes, pies, and others desserts, as well as meat dishes and luncheons. Something simply titled “Appetizer” calls for a spread of Rocquefort cheese on toast, topped with chili sauce and bacon. Blank pages have been included in the pagination, to provide space for the cook’s notes and recipes. OCLC locates three copies, at the University of Illinois, the Evanston Public Library, and the University of Michigan.

(McBRB1560)

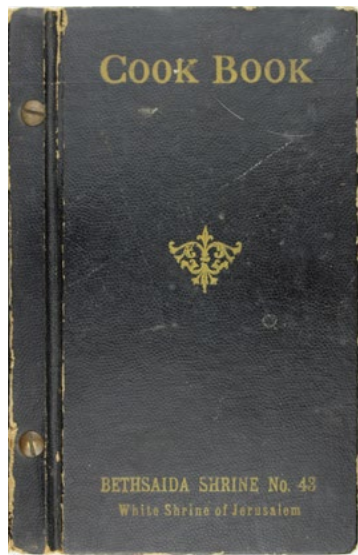
\$250



WOMEN’S FRATERNAL ORDER COOK BOOK

7. [Cook Books]. [Illinois]. *Cook Book. Bethsaida Shrine No. 43 White Shrine of Jerusalem [cover title].* [N.p., likely Evanston, Il: ca. 1929]. [192]pp. Original black pebbled cloth, brad-bound, stamped in gilt on front cover. Spine and edges scuffed, minor soiling. Light occasional thumb-soiling to text, some manuscript additions. Very good.

An interesting homegrown collection of recipes compiled by the



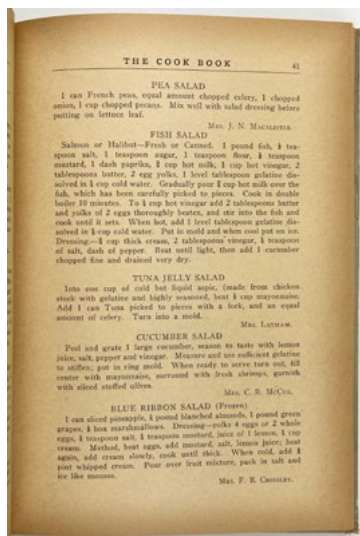
members of Bethsaida Shrine No. 43 of the White Shrine of Jerusalem in Evanston, Illinois. The White Shrine of Jerusalem is an auxiliary Christian fraternal order for women connected to a Master Mason through birth, marriage, or legal adoption. Each recipe here is accompanied by the contributor's name or initials. The recipes include a wide variety of beverages, breads, cakes and pies, egg and cheese dishes, fish, jams and jellies, meat, pickles, salads, sandwiches, soups, and vegetables. The cookbook is interspersed regularly throughout with advertisements for a variety of retailers from Evanston, but also

Highland Park, Wilmette, Hubbard Woods, and Chicago. As such, the work practically doubles as an Illinois business directory at the outset of the Great Depression. The proposed date comes from a list of officers for the order printed at the front for the year "1929-30." No copies in OCLC. (McBRB2009) \$150

SCARCE ILLINOIS COOK BOOK

8. [Cook Books]. [Illinois]. *Tried and True Recipes Published for the Benefit of the First Congregational Church Wilmette, Ill.* [Chicago?: ca. 1920]. [4],132pp. plus chromolithographic plate. Original light grey cloth, cover printed in black. Extremities rubbed, minor soiling. Contemporary ownership inscription on front flyleaf. Text moderately but evenly tanned, some minor wear. About very good.

A scarce community cook book compiled by the East End Circle Woman's Guild for



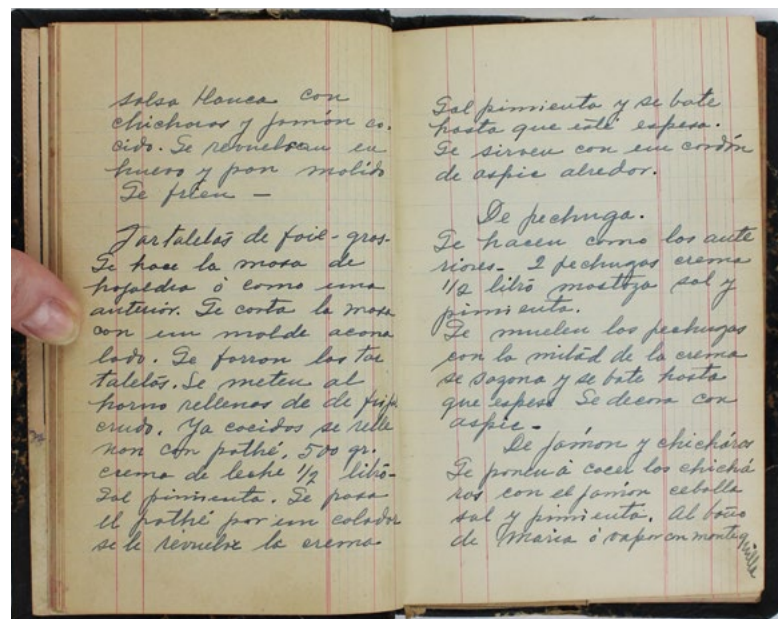
the benefit of the First Congregational Church in Wilmette. Wilmette is a small village north of Chicago, perched on the shore of Lake Michigan. The volume opens with "Suggestions for First Course and moves on through soups, fish, meats, vegetables, salads, a variety of baked goods and desserts, pickles and preserves, egg dishes, cheese dishes, and more. There is a section for "Entrees and Vegetarian Dishes," as well as "Chafing Dish Recipes" and "Fireless Cooker Recipes." Local advertisements are interspersed throughout, and the color plate is an ad for Swans Down Cake Flour. Four copies in OCLC, at the Library of Congress, Harvard, University of Denver, and the University of Chicago.

(McBRB1945)

\$150

MANUSCRIPT COOK BOOK WITH AN IDENTIFIED AUTHOR

9. [Cook Books]. [Mexico]. *Resetas del Libro de Magdalena B de Gonzalez, Pertenece à Rina Z de Montauriol...* [manuscript title]. Tlacotalpan: 1934; 1944. [110],[25]pp. 12mo. Original quarter cloth and marbled boards, all edges marbled. Large stationer's label on front pastedown; a few clippings and small sheets loosely laid in. Front hinge cracked; light wear at edges; boards a bit rubbed. Moderate, even tanning internally. Accomplished in a highly legible script. Very good.



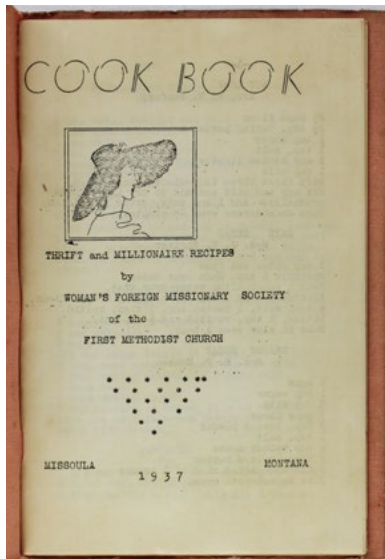
Fascinating, Depression-era Mexican manuscript cook book that contains approximately 150 dishes and recipes as well as about a dozen whole menus. The work was put together by a woman named Rina de Montauriol of Tlacotalpan from a recipe book composed by another woman, Magdalena Gonzalez. In addition to recipes and variations on classic Mexican dishes, most of which appear at the beginning of the present composition, there are also numerous soups, egg and potato dishes, cakes, and cocktails. The menus at the end of the book, some apparently transcribed later, prescribe numerous dishes for specific events. A well-kept and quite legible Mexican cookery manuscript.

(McBRB3602)

\$1,250

CHARMING AND UNRECORDED

10. [Cook Books]. [Montana]. *Cook Book Thrift and Millionaire Recipes by Woman's Foreign Missionary Society of the First Methodist Church.* Missoula: 1937. [1],34pp. Mimeographed. Original plaid oil cloth wrappers, stapled. Light wear, cover label possibly lacking. Minor toning to text. Very good.



(McBRB3842)

\$350

An apparently unrecorded Depression-era community cook book from Montana. Each recipe's contributor is identified by name. Some of our favorites include Health Salad ("Eat once a week in place of meat."), and California Mock Chicken Pie (featuring a tin of tuna as protein). There are also useful "Hints" on the final two pages, including: "To remove salad dressing. Take stain out with vaseline, or castor oil and then wash in gasoline"; as well as uses for onions such as the cure of burns and chillblains. An incredibly charming object.

ILLUSTRATED WITH COLOR PLATES

11. [Cook Books]. Ramirez, Carmen. *Primer Libro de Cocina y Reposteria.* Mexico City: 1937. 372,[1]pp., plus five advertisement leaves and eight color plates. Quarto. Original tan wrappers printed in black, blue, and yellow, yapp edges. Minor edge wear and soiling to wrappers. Previous owner's signature to a couple of inner leaves, text lightly and evenly toned but clean. Very good.

A wonderful book of Mexican food recipes assembled by "señorita profesora" Carmen Ramirez. The work contains a wide variety of traditional "Antojitos y Platos Mexicanos," plus recipes for salsas, cocktails, creams, egg dishes, fish plates, salads, and much more. The color plates feature illustrations of various dishes such as pescado a la rusa, barbacoa, pavo de navidad, and ensalada "Maria Antonieta," among others. In addition to the color plates, four carving charts in the text instruct the cook on



where to find certain cuts from a beef cow, deer, ram, and pig. The cover title of the work reads, "La Cocina Clasica Tomo I," though this is all that was published for this particular subject by Ramirez. A statement on the title page provides that "recetas garantizadas por la academia de ensenanza moderna de peposteria [sic, reposteria] y cocina." OCLC records just two copies of this rare Mexican cookbook, at Harvard and the University of Texas at San Antonio.

(McBRB3605)

\$750

TEXAS CLUB RECIPES

12. [Cook Books]. [Texas]. *The Club Woman's Cook Book. Compiled by Mary Davenport Bonner.* Tyler: Published by the Author, 1928. 208pp. Lacks pp.61-62. Original red cloth, cover gilt. Moderate soiling and wear, corners bumped. Minor scattered soiling, but contents generally clean. Good.



Community cook book compiled by Mary Davenport Bonner, who solicited recipes from a number of “club women” from across the country. Recipes are arranged by subject such as Bread, Meat, Oysters, Cheese, Puddings, etc. Each is attributed to its author, often noting the woman’s location or importance, such as the first recipe which is contributed by Mrs. Lottie P. Martin, the wife of Governor John W. Martin of Florida. Occasionally the woman’s club is also identified. Delicacies include Asparagus Salad in Celery Jelly, three recipes for preparing

brains, and something called “Delicious Lunch Dish” which is comprised of shrimp, boiled trout, gelatin, Worcestershire sauce, and “1 large bottle Heinz India relish.” A handful of copies in OCLC, primarily at Texas institutions.

(McBRB2147)

\$150

FIRST MEXICAN REGIONAL COOK BOOK PUBLISHED BY A WOMAN

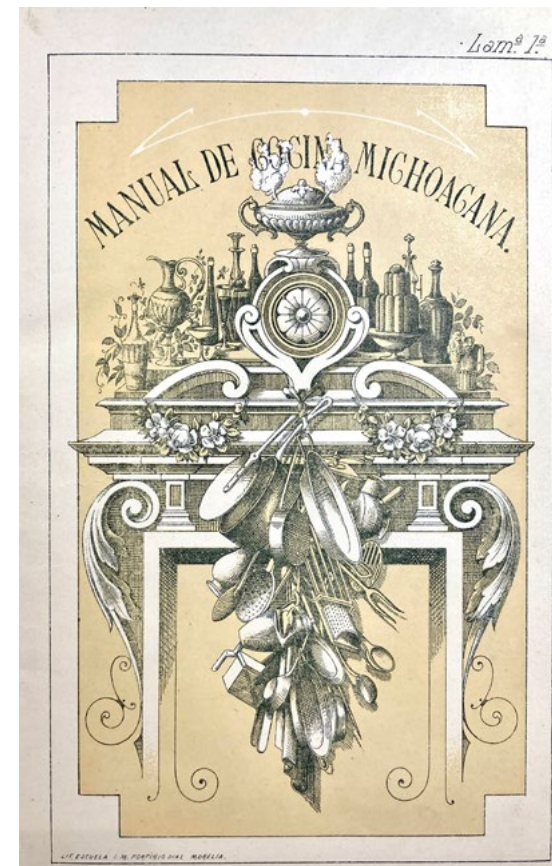
13. [Cook Books]. Torres de Rubio, Vicenta. *Cocina Michoacana por Vicenta T. de Rubio.* Zamora: Imprenta Moderna, 1896. [6],796,xxxii pp. plus five plates. Small quarto. Contemporary quarter calf and marbled boards. Hinges and spine ends rubbed, corners worn. Contents lightly and evenly toned, internally clean. Very good.

A scarce and extensive work on the cuisine of Michoacan, illustrated with several lithographic plates. It is divided into several sections,

including “Salsas, gran-variedad”; “Quesos diversos”; “Jamones, desde su preparacion primitiva hasta su final condimento”; “Postres, tortas y turrone”; and much more, as well as a section on liquors, useful household tips, and a section on the Metric System and its use in recipes. The plates are used as section dividers, such as a stylized grouping of fish and molluscs inserted before the section entitled “Pescados, Crustaceos y Moluscos.” All in all, the work seems designed to be the cook’s number one household go-to book. Interestingly, we note the inclusion of a dish made of flour, milk, and eggs called Maximiliana Imperial. OCLC locates six copies, at Los Angeles Public Library, UC San Diego, Harvard, the University of New Mexico, Lafayette College, and the University of Texas at San Antonio.

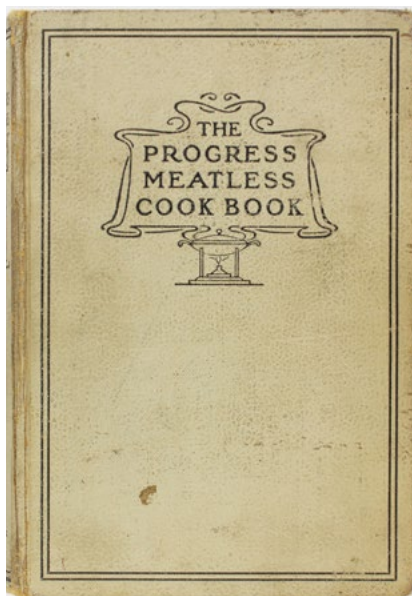
(McBRB3877)

\$1,750



COOK LESS -- BE VEGETARIAN!

14. [Cook Books]. [Vegetarianism]. *The Progress Meatless Cook Book and Valuable Recipes and Suggestions for Cleaning Clothing, Hats, Gloves, House Furnishings, Walls and Woodwork and All Kinds of Helps for the Household.* San Francisco: The Hicks-Judd Company, 1911. 272pp., plus [63]pp. interleaved and lined for annotation. Original printed boards. Light wear at corners and spine ends; hinges cracked but solid; minor wear and soiling to boards. Light toning and dust soiling internally. About very good.



“This book is gotten up to meet the wants of young housekeepers who wish to use plain practical methods of keeping house in such manner that they do not spend all or even one-half their days in the kitchen...” The present work contains not only hundreds of vegetarian recipes in a variety of areas, it also contains a lengthy final section on housekeeping tips from kitchen maintenance to chimney cleaning. OCLC records three editions published in Chicago, Los Angeles, and San Francisco in 1911, all quite scarce; of the present San Francisco edition, we locate two

copies, at Loma Linda University and the University of Utah.

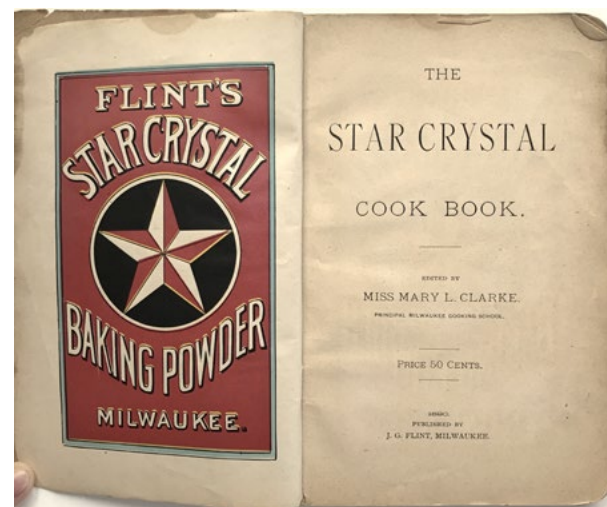
(McBRB3356)

\$650

EARLY WISCONSIN COOK BOOK

15. [Cook Books]. [Wisconsin]. Clarke, Mary L., editor. *The Star Crystal Cook Book.* Milwaukee: J.G. Flint, 1890. [4],146pp., plus color frontispiece. Original brown faux-alligator wrappers. Front cover detached, covers heavily worn; older tape on spine and front cover, lightly soiled. Contemporary pencil ownership notations on end leaves.

Lightly toned, several small edge tears, heavier to last few leaves. About good.



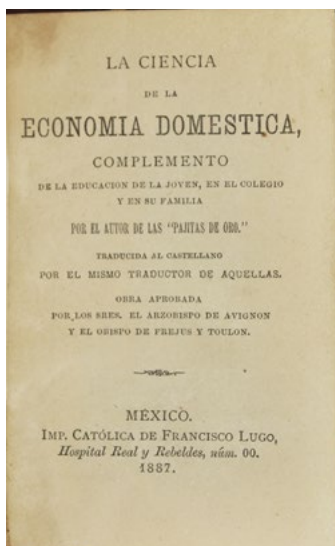
One of the earliest cook books published in Wisconsin. This promotional cook book was issued by the Star Crystal Baking Powder Company of Milwaukee, edited by the principal of the Milwaukee Cooking School and featuring a handsome color frontispiece advertising their product. The work includes an index, a table of proportions and equivalents, and has blank leaves provided for notes and extra recipes. Opening with bread, it includes recipes for cakes, puddings, sauces, soups, salads, fish, a section on roasting and brazing, and a pastry section which begins, “Don’t make it! But if it must be made, this is the way to do it...” A second edition was published in 1895, and is also quite rare. We locate four copies in OCLC: the New York Public Library, Library of Congress, Michigan State University, and the Milwaukee County Library.

Bitting, p.91. Brown, Culinary Americana 4356.

(McBRB1724)

\$500

CATHOLIC HOME ECONOMICS



16. [Mexico]. [Home Economics]. *La Ciencia de la Economía Doméstica, Complemento de la Educación de la Joven, en el Colegio y en Su Familia*. Mexico City: Imp. Católica de Francisco Lugo, 1887. 173,[3]pp. 12mo. Contemporary quarter calf and marbled boards, spine gilt lettered. Corners bumped and worn, light wear to edges and spine ends, boards slightly scuffed. Light tanning internally; a few fox marks along edges of text block. About very good.

Unrecorded Mexican Catholic manual on the importance of domestic economy, translated from a French work officially approved by the Archbishop of Avignon. The first part advises on budgeting, frugality, and overall living within one's means; the second focuses on fostering the happiness of the family unit. At the end are two parables of good and bad habits, good and bad families. An interesting work of Catholic practical, non-religious advice. Not in OCLC.

(McBRB2974)

\$150

THAT'S A LOT OF BUTTER

17. [Native Americans]. [Minnesota]. *1000 lbs Butter Made at Indian School Pipestone, Minn.* [caption title]. [Pipestone, Mn.: C.E. Sogn, ca. 1930]. Silver gelatin photograph, 7.5 x 9.25 inches. Some light creasing, a few small chips to lower edge. Image crisp. Manuscript annotation on verso. Very good.

A striking image depicting five men -- four Native Americans and one white -- standing behind twelve barrels of butter arrayed across the porch of a clapboard building. All the men wear white uniforms and caps, presumably the uniform of the dairy. The Pipestone Indian School was opened in 1892 and operated until 1853 on Yankton Sioux land. It

was one of the many institutions established to assimilate the indigenous people into the white community. The photographer, Chester E. Sogn, operated a photo studio in Pipestone from 1923 to 1947.

(McBRB3684)

\$350



THE TASTIEST GUINEA PIGS

18. Vidal, Javier Pulgar. *El Curi o Cuy*. Colombia: Ministerio de Agricultura, 1952. [2],xiii,203,[4]pp., plus plates. Two printed leaves, otherwise typescript reproduction. Oblong octavo. Original pictorial wrappers. Lust wear and dust soiling to wraps; light tanning internally. Very good.

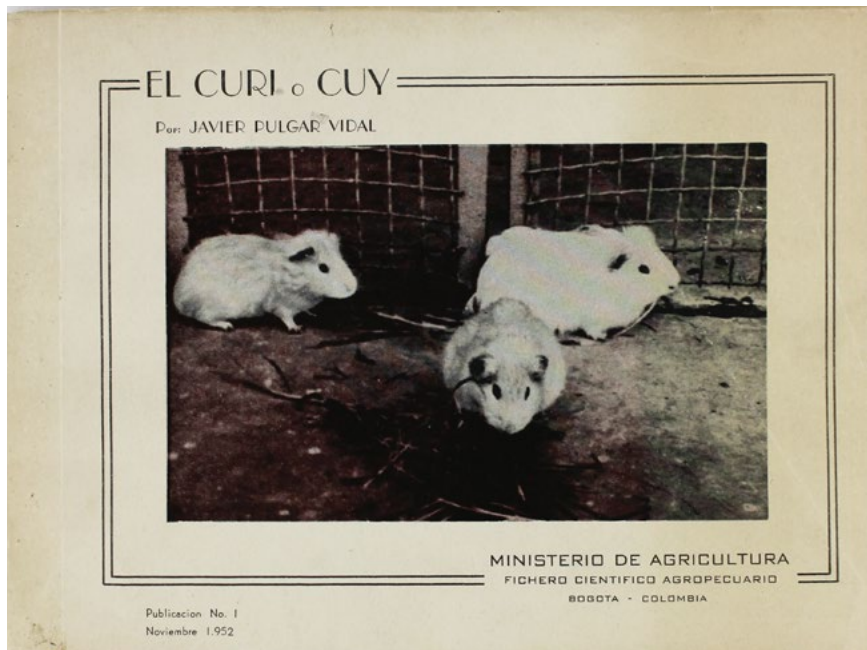
Rare, extremely detailed study by the Colombian Ministry of Agriculture to promote the guinea pig as a low-cost and sustainable source of meat. The whole is profusely illustrated with numerous photographs of guinea pig husbandry in action and contains many recipes and advices for the butchering and preparation of these cute but delicious rodents. At the time of these study, guinea pig was an extremely popular meat in several other South American countries, but in Colombia was consumed almost

exclusively by the people of Nariño, on the border with Ecuador, where street vendors of roasted cuy are still quite common. In particular, the guinea pig is recommended as a food source for the country's mestizo population, and on the whole advised as a replacement for the more disease-prone rabbit.

The recipes included in this volume hail from across the continent, and often include beverage pairings such as wine or masato (a fermented yuca drink from the Andes). Two possible favorites are picante de cuy (spicy guinea pig) and shihuayro de cuy, a Peruvian preparation made with Andean mint. The photographic plates depict many aspects of domesticated guinea pig husbandry, the people who raise them, various methods of care, plus viable locations and setups for farming. Numerous topics concerning the guinea pig in Colombia are addressed, with one particularly interesting section being devoted to the guinea pig in Colombian language and idiom, which reproduces wonderful phrases such as, "Comer cuyes a la desboletada" -- "guinea pigs eating on the rampage." Unsurprisingly, not in OCLC.

(McBRB2835)

\$600



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